



FREE SEMINAR FOR PERSONAL TRAINERS

"Lower Limb Injury Prevention and Rehabilitation"

Corio Bay Health Group invites Personal Trainers from the Geelong, Bellarine and Surf Coast areas to attend our Free Development session.

This will be presented by two of our experienced practitioners and will provide a great opportunity for Personal Trainers to further their knowledge to best assist their clients. Places are strictly limited so please visit our website to register to avoid missing out.

Presenters



Andrea Strawnhorn

B.Podiatry (Hons)

Podiatrist

Andrea has a strong background in both sporting and hiking footwear as well as work and casual footwear. Having undertaken an honours research study investigating the association between ankle joint function and lower limb injuries in athletes, she has a particular professional interest in lower limb musculoskeletal injuries, gait assessment, orthoses prescription and footwear advice.



Cameron Rahles-Rahbula

B.App.Sci (Physio)

Physiotherapist

Cameron has a special interest in the treatment of knee and shoulder injuries. Cam is an Australian Paralympian and was named Paralympian of the year in 2010 for following his efforts at the 2010 Vancouver Winter Paralympic Games where he won two bronze medals.

Date

Wednesday

9th November 2011

Time

12:30 - 1:30pm

Address

Corio Bay Sports
Medicine Centre
283 Latrobe Tce
(Cnr Little Myers St)
Geelong

To Register

Please visit our website
coriobayhealth.com.au



Finger food & refreshments will be provided.

For more information and to register, please visit our website:
www.coriobayhealth.com.au or please contact Kim on 5221 8822 or
kim@coriobayhealth.com.au if you have any queries.